

## The Good Stuff

### Gluten Free Donuts

Our gluten free donut selection changes daily. All efforts are made to keep this as gluten free as possible. 2.99

### Vegan Gluten Free Donuts

Our vegan donuts are top 8 allergy free (with the exception of peanut butter). 3.29

### Chocolate Croissants

flaky croissants with dark chocolate. Addictive! 2.99

### Cinnamon Rolls & Sticky Buns

Topped with Cream Cheese Icing or Brown Sugar Pecan. 3.59

### Vegan Cinnamon Roll

This classic cinnamon roll is the slightly less sweet cousin of our original cinnamon rolls. Corn, soy, nut, dairy free. Does contain gluten. 3.59

### Assorted Muffins, Scones & Danishes

Selection changes daily

## Drinks

Premium Orange Juice 12 oz. - 1.99

Coffee 2.59

Organic Strawberry Tea 2.79

Sweet or Unsweet Tea 2.59

Downtown Lemonade 2.79

Coke Products 1.99

Milk (whole or chocolate) 1.99

Bottled Water 1.25

Organic Apple Juice 1.99

La Croix 1.59

\*denotes items that may be served raw or undercooked or contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, shellfish or eggs may increase your risk of foodborne illness, especially if you have a weakened immune system.



***Welcome To Downtown Deli & Donuts!  
We serve house-made small-batch artisan  
donuts, breakfast & lunch. We also offer  
catering & to-go meals. We use only the  
freshest ingredients, non-GMO, no  
preservatives, organic & local when we can get  
it! Be sure to come enjoy brunch on Saturday's!***

***Monday - Friday***

***Breakfast 8am-11am***

***Lunch 11:30am-2:30pm***

***Saturday 8:30am-2:00pm***

***147 East Main Street, Spartanburg, SC 29306  
(entrances on Broad Street & Main Street)***

***864.707.5585***

***www.downtowndelianddonuts.com***

***Connect with us on Facebook & Instagram.***

**Need a meal catered? Downtown Deli & Donuts will deliver box lunches or a catered meal to your next meeting, office lunch, etc. Or have your meeting at our place - breakfast, lunch or dinner! With over 20 years in the catering business, we can meet all your catering needs! Call 864.707.5585 and ask for details!**

## Breakfast Sandwiches

\*eggs are served omelet style, but can be changed upon request. egg whites available

### The "Grade"

Herbed egg frittata, sauteed kale, roasted red peppers, Canadian bacon, provolone cheese and fresh basil pesto on rosemary focaccia. 6.19

### Louie

Omelet style egg, applewood bacon & baby spinach with a roasted red pepper sauce on a grilled biscuit.\* 4.99

### Red Rooster

Buttermilk fried chicken, cheddar cheese and sausage gravy on a housemade buttermilk biscuit. 6.89

### The Nova

Cold-smoked salmon, red onions, imported capers, thinly sliced boiled egg & cream cheese on a toasted bagel. 8.69

### Classic

Omelet style egg, your choice of bacon, sausage or canadian bacon, and cheese.\* 4.39

### Bijou

Egg, baby spinach, avocado & your choice of cheese.\* 5.79

### Bishop

Egg, house-made maple bacon, baby spinach, and Brie.\* 6.29

### Palmetto

Egg, sauteed kale, sausage & a dash of sriracha hollandaise.\* 5.39

### Morgan

Egg, avocado, swiss and tomato.\* 5.69

### Farmhouse

Egg, fried green tomato, applewood bacon, and pimento cheese.  
\* 6.59

### Rothschild

Sliced hard-boiled egg, cheddar cheese & applewood bacon on a toasted bagel. 5.29

### Veggie

Avocado, sprouts, roasted tomato, baby spinach, red onion, and herbed goat cheese. \* 5.59  
add egg - 1.29

### Nu Nova

Smoked salmon, avocado, sliced tomato, baby spinach, roasted peppers and herbed caper cream cheese on toasted bagel. 8.89

### Biscuits & Gravy Skillet

Housemade buttermilk biscuits & our made from scratch sausage gravy topped with crumbled bacon & baked in a cast iron skillet. 6.99

### Farmers Plate

2 eggs, bacon or sausage, your choice of side & a biscuit. 8.89

### Smashed Avocado Toast

Our very avocado toast features toasted vegan multigrain bread topped with smashed avocado and sliced avocados and finished with a sprinkle of everything bagel spice. add egg 1.29 7.79

### Bagels

Plain, Everything or Blueberry Bagels toasted or grilled and served with cream cheese or butter on the side. Ask about our featured signature cream cheese flavors! 2.89

### Buttermilk Biscuits

Served with jelly or butter on the side 2.59

### Bread Choices:

Buttermilk Biscuit, Plain, Blueberry or Everything Bagel{V}, Croissant(.75 extra) Sourdough {V}, Vegan English Muffin, Multigrain {V}, Country White {V}, English Muffin, Keto Bun(GF, dairy free 2.00 extra), Gluten-Free Bread {V}(1.89 extra) or Chaffles {Keto/GF 2.00 extra} \*egg whites .60 extra \*vegan cheese .99 extra

## A la Carte Sides

Applewood Smoked Bacon{GF}	2.99
Sausage or Turkey Sausage{GF}	2.79
Veggie Sausage	2.99
Canadian Bacon{GF}	2.69
Cheddar Grits{GF}	2.99
Breakfast Potatoes{GF}	2.79
Quinoa Kale Hash Browns{GF}	2.99
Fresh Seasonal Fruit{GF}	2.99
Organic Yogurt Parfait	3.99
Organic Vanilla(or plain when available) Greek yogurt topped with seasonal fruit & granola.	