DOWNTOWN CHICKEN SALAD (GF)
Our signature chicken salad with celery, mayo & lemon juice. Served on mixed greens, topped with seasonal fruit & candied pecans. 9.79

SOUTHWESTERN SALAD (GF)
Caribbean jerk seasoned chicken, roasted corn, black bean salad, avocado, tomato and shredded cheddar on mixed greens with crispy tortilla strips and Cilantro Lime Dressing. 9.99

COBB SALAD (GF)
Marinated & grilled balsamic chicken, chopped tomatoes, crumbled bacon, eggs, feta cheese, avocado and crispy noodles on mixed greens with your choice of dressing. 9.99

GRILLED SALMON SALAD (GF/VG)
Wild Salmon, seasoned & grilled, served on mixed greens with marinated pickles, red onion, marinated artichoke hearts, tomato, cucumber, marinated haricot verts, hard-boiled eggs & your choice of dressing. 13.89

SPINACH SALAD (GF)
Marinated & grilled balsamic chicken, spinach, red onions, mushrooms, bacon, feta cheese, sliced hard-boiled eggs, mandarin oranges, candied pecans & your choice of dressing. 9.99

MEDI PLATE (GF/VG/V OPTION)
Housemade hummus, quinoa tabbouleh, feta cheese, sliced hard-boiled eggs, and our house spicy 1000 Island dressing. 9.99

HOUSE SALAD (GF)
Mixed greens, cucumber, tomato and feta cheese. Served with pita bread & your choice of dressing. 7.99

BLT CAESAR (GF)
Crisp romaine, aged parmesan, bacon, grape tomatoes, garlic puree "croutons" & an herbed Caesar dressing. Served with pita bread. 7.99 Add: Chicken (GF)

ALI BABA ANCIENT GRAINS BOWL
Black bean burger {4}

CHICKEN SALAD, PIMENTO CHEESE OR EGG
SALAD SANDWICH
your choice of one of our signature fresh salad dressings served on your choice of bread with lettuce and tomato. 9.29/8.99/8.89 add bacon +1.59

BROWN DOG SHORT RIB FRENCH DIP
Braised low and slow, this tender boneless short rib is shredded and smothered with provolone, cheddar, grilled peppers & onions on a toasted hoagie roll with a side of au jus. 11.59

CARNEGIE PANINI
An Elizabeth’s classic - premium roasted turkey, cheddar, and our house spicy 1000 Island dressing on marble rye. 9.59

BERKLEY CALI CLUB
Triple decker sandwich on sprouted wheat bread piled high with ham, roasted turkey, bacon, cheddar cheese, sprouts*, lettuce, tomato, and avocado aioli. 9.99

CARIBBEAN JERK WRAP
Caribbean jerk seasoned chicken, black bean salsa, lettuce, tomato & shredded cheddar on a flour tortilla. 9.39

CARSON VEGETARIAN (VG/V OPTION)
Fried USA wild caught shrimp po’ boy with shredded lettuce and remoulade sauce on grilled hoagie roll. 8.99

CARNEGIE PANINI
An Elizabeth’s classic - premium roasted turkey, cheddar, and our house spicy 1000 Island dressing on marble rye. 9.59

FAT HEN
Buttermilk fried chicken tenders, roasted tomatoes, lettuce and red pepper remoulade on brioche bun. 9.79

THE GROCERY VEGGIE (VG/V OPTION)
Housemade hummus, cucumber, sprouts, red onion, pickled carrots, and spinach wrapped up in pita bread. Sub wrap for vegan option. 8.89

BREAD CHOICES
Sourdough(V), Marble Rye(V), Crossiant(add .75), Hoagie(V), Multigrain (V), White (V), Telera Roll(V), Rosemary Focaccia(V) Pita, Wrap(V), Brioche Bun Keto Bun (add 2.49 GF), Chaffles(Keto, GF add 2.49), Gluten Free Wrap (add 1.49) or Gluten Free Bread(add 1.99)

LOVE ME TENDER BASKET
Our chicken tenders are bestsellers for a reason - they’re the best in town!!! Our tender basket includes 4 tenders & your choice of side(s) we suggest fries & honey mustard or ranch dressing. 9.29
**Grilled Cheese Special**
Our Grilled Cheese changes weekly, ask your server for details!

**Black Bean Burger (VG/V)**
House made gluten free black bean burger, roasted tomato, aged cheddar, red onion & lettuce with an avocado aioli and served on a toasted brioche bun. (V sub kaiser) (sub Vegan cheese .99). 9.39

**Portabella Burger (VG/V option)**
Grilled marinated portabella mushroom, fried green tomato, sliced red onion, lettuce, provolone, and remoulade sauce on a toasted brioche bun (V sub kaiser) (sub Vegan cheese .99). 9.29

**Patty Melt**
1/3 pound premium beef patty, caramelized onions, herbed goat cheese & “Deli Sauce” on marble rye. 9.99

**Middle Eastern Turkey**
All natural turkey seasoned with garlic, mint and parsley. Served on pita bread with lettuce, tomato, red onions, feta cheese and a cucumber yogurt sauce. 9.89

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**PLANT STRONG MENU**

**SOUTHWESTERN SALAD**
Homemade Black Bean Burger, roasted corn, black bean salad, avocado, & tomatoes on mixed greens with crispy tortilla strips and Vegan Cilantro Lime Dressing. 9.29

**CARSON VEGANARIAN**
Marinated grilled portabella mushroom, squash, zucchini, red onions, and vegan cheese with vegan garlic aioli on rosemary focaccia. 9.89

**THE GROCERY VEGGIE WRAP**
Homemade hummus, cucumber, sprouts, avocado, red onion, pickled carrots, and spinach in a tortilla wrap. 8.79

**ALI BABA ANCIENT GRAINS BOWL**
Organic quinoa, hummus, turmeric & black pepper roasted garbanzo beans, avocado, grape tomatoes, pickled carrots & red onions, beets & spinach with our vegan cilantro lime dressing. 11.99

**PORTABELLA BURGER**
Grilled marinated portabella mushroom, roasted tomato, sliced red onion, lettuce, vegan cheese, and vegan herbed tahini dressing on a toasted kaiser roll. 9.89

**BLACK BEAN BURGER**
House made gluten free black bean burger, avocado, roasted tomato, vegan cheese, red onion & lettuce with an herbed tahini dressing and served on a toasted kaiser roll. 9.99

**THE SOUTHWEST VEGGIE WRAP**
Homemade hummus, spinach, black beans, roasted corn, avocado, red onion, & tomato in a tortilla wrap. 9.49

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**SIDES**

**CHIPS (GF/V)***
1.99

**GREEK CUCUMBER NOODLE SALAD** *(GF)*
2.79

**BRUSSEL SPROUT SLAW** *(GF/V)*
2.79

**BLACK BEAN SALAD** *(GF/V)*
2.29

**SEASONAL FRUIT SALAD** *(GV)*
2.29

**QUINOA TABBOULEH** *(GF/V)*
3.29

**FRIES**
2.80

**MARINATED POTATO SALAD** *(VG)*
1.99

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**DRINKS**

**ORGANIC STRAWBERRY TEA**
2.99

**SWEET OR UNSWEET TEA**
2.59

**ELIZABETH’S LEMONADE**
2.99

**BOTTLED WATER**
1.39

**COKE, DIET COKE OR SPRITE**
1.99

**DILWORTH COFFEE**
2.99

**LA CROIX SPARKLING WATER**
1.79

**ORGANIC APPLE JUICE**
1.99

**MILK OR CHOCOLATE MILK**
1.99

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**LIGHT BITES**

SOUP OF THE DAY cup- 4.29
bowl- 5.29
Our always housemade soup changes daily, ask your server for today’s soup

QUICHE OF THE DAY 8.59
Individual quiche served with your choice of small house salad or seasonal fruit and muffin.

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**KIDS MENU**

**CHEESE QUESADILLA**
Our flour tortilla filled with cheddar cheese & grilled til melody. Comes with mild salsa and your choice of side. 5.29

**LIL SAMMIE**
A kids classic, on white or wheat bread. Served with your choice of side. 5.49

**PB&J**
Our housemade patty on kaiser bun with choice of cheese, lettuce, tomato, & mayo. Served with your choice of side. 4.49

**TURKEY CLUB WRAP**
Our bestselling chicken tenders (2) with honey mustard or ketchup. Served with your choice of side. 4.99

**DOWNTOWN KIDS TENDERS**
Our best selling chicken tenders (2) with honey mustard or ketchup. Served with your choice of side. 4.99

**LIL HUMMUS PLATE**
Our housemade hummus served with warm pita bread. 4.29

**KIDS TEA OR LEMONADE**
1.99

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**DESSERT**

Check out our dessert Board or ask your server for today’s house-made desserts!

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**CATERING**
With over 20 years in the catering business, we can help make your next event delicious! Whether it’s food for 10 or 500, we’ve got you covered! From box lunches to fully catered meals, corporate or social, we can help!