

# DOWNTOWN DELI

147 EAST MAIN STREET SPARTANBURG, SC

## SALADS

**\*\*Salads are gluten free without muffins, tortillas or pita bread. Please inform your server of gluten allergies. All salads served with Brown Sugar Muffins unless otherwise noted. \*\***

### DOWNTOWN CHICKEN SALAD {GF}

Our signature chicken salad with celery, mayo & lemon juice. Served on mixed greens, topped with seasonal fruit & candied pecans. 9.79

### SOUTHWESTERN SALAD {GF}

Caribbean jerk seasoned chicken, roasted corn, black bean salad, avocado, tomato and shredded cheddar on mixed greens with crispy tortilla strips and Cilantro Lime Dressing. 9.99

### COBB SALAD {GF}

Marinated & grilled balsamic chicken, chopped tomatoes, crumbled bacon, eggs, feta cheese, avocado and crispy noodles on mixed greens with your choice of dressing. 9.99

### GRILLED SALMON SALAD {GF/VG}

Wild Salmon, seasoned & grilled, served on mixed greens with marinated potatoes, pickled red onion, marinated artichoke hearts, tomato, cucumber, marinated haricot verts, hard-boiled eggs & your choice of dressing. 13.89

### SPINACH SALAD {GF}

Marinated & grilled balsamic chicken, spinach, red onions, mushrooms, bacon, feta cheese, sliced hard-boiled eggs, mandarin oranges, candied pecans & your choice of dressing. 9.99

### MEDI PLATE {GF/VG/V OPTION}

Housemade hummus, quinoa tabbouleh, marinated feta, kalamata olives, pickled beets, cucumber & tomato salad, and pita bread. 9.79

### CHEF SALAD {GF}

Premium roasted turkey, honey baked ham, marinated potatoes, caramelized onions, tomatoes, cheddar cheese, hard boiled eggs and bacon served on mixed greens with your choice of dressing. 9.79

### HOUSE SALAD {GF}

Mixed greens, cucumber, tomato and feta cheese. Served with pita bread & your choice of dressing. 7.29 Add: Chicken{GF} {4.5} Salmon{GF}{6} Black Bean Burger{GF}{4} Fried Shrimp{4.5}

### BLT CAESAR {GF}

Crisp romaine, aged parmesan, bacon, grape tomatoes, garbanzo bean "croutons" & an herbed Caesar dressing. Served with pita bread. 7.99 Add: Chicken{4.5} Salmon{6} Fried Shrimp{4.5} Black Bean Burger {4}

### ALI BABA ANCIENT GRAINS BOWL

{GF/VG/V OPTION}  
Organic quinoa, hummus, turmeric & black pepper roasted garbanzo beans, feta, avocado, grape tomatoes, pickled carrots & red onions, beets & spinach with our cilantro lime dressing. 12.29

### SALAD DRESSINGS{ALL GF}

House{Red Wine Vinaigrette}, Balsamic{V}, Ranch, Blue Cheese, Honey Mustard, Italian{V}, Cilantro Lime, 1000 Island, Herbed Caesar, Vegan Cilantro Lime

extra dressing SM {+.75} LG{+.99}

WELCOME TO DOWNTOWN DELI! IN ADDITION TO SERVING THE BEST LUNCH IN SPARTANBURG, WE ALSO SERVE BREAKFAST & SATURDAY BRUNCH! NEED DINNER OR A CATERED MEAL? WE CAN HELP WITH THAT TOO! WE USE ONLY THE FRESHEST INGREDIENTS, NON-GMO, NO PRESERVATIVES, ORGANIC & LOCAL WHEN WE CAN GET IT!

Tuesday-Friday  
8am - 2:30pm  
Saturday  
8:30am - 2:00pm

Get in touch  
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Connect with us on Facebook & Instagram

## SANDWICHES

### CHICKEN SALAD, PIMENTO CHEESE OR EGG SALAD SANDWICH

your choice of one of our signature freshly made salads served on your choice of bread with lettuce and tomato. 9.29/8.99/8.89 add bacon +1.59

### BIG "Q"

Pulled chicken BBQ with a Bourbon brown sugar bbq sauce. Piled on a toasted brioche bun and topped with bacon & brussel sprout slaw. 9.39

### BROWN DOG SHORT RIB FRENCH DIP

Braised low and slow, this tender boneless short rib is shredded and smothered with provolone, cheddar, grilled peppers & onions on a toasted hoagie roll with a side of au jus. 11.59

### CARNEGIE PANINI

An Elizabeth's classic - premium roasted turkey(or ham), pimento cheese and applewood bacon on your choice of bread. 9.79

### KATZ'S WICKED RACHEL RUEBEN

Premium oven-roasted turkey, sauerkraut, swiss cheese and our house spicy 1000 Island dressing on marbled rye. 9.59

### BERKLEY CALI CLUB

Triple decker sandwich on sprouted wheat bread piled high with ham, roasted turkey, bacon, cheddar cheese, sprouts\*, lettuce, tomato, and avocado aioli. 9.99

### CARIBBEAN JERK WRAP

Caribbean jerk seasoned chicken, black bean salsa, lettuce, tomato & shredded cheddar on a flour tortilla. 9.39

### CARSON VEGETARIAN {VG/V OPTION}

Marinated grilled portabella mushroom, squash, zucchini, red onions, and provolone with pesto mayo on rosemary focaccia. 9.39

### LANGER BLTA

Applewood bacon, crispy romaine, local tomatoes, and avocado with herb garlic mayo on sourdough. 8.99

### GLUTEN FREE {GF} VEGAN {VG} VEGETARIAN {V}

## SANDWICHES

### ZINGERMAN

Our low & slow braised short rib, shredded and served on sourdough with caramelized onions, grilled peppers, roasted tomatoes, provolone, & cheddar cheese with horseradish mayo. 11.59

### THE "MANNY"

Grilled chicken, applewood smoked bacon, house roasted tomatoes, provolone cheese and rosemary mayo on sourdough. 9.79

### SHAPIRO CHICKEN CAPRESE

Grilled chicken, mozzarella, tomato, and fresh basil with pesto mayo on toasted rosemary focaccia. 9.79

### TWO BOURROUGHS

Honey ham, pickles, roasted red peppers, Monterey Jack cheese, and honey mustard mayo on sourdough. 9.59

### SEA COW

Fried USA wild caught shrimp po' boy with shredded lettuce and remoulade sauce on grilled hoagie roll. 9.89

### FAT HEN

Buttermilk fried chicken tenders, roasted tomatoes, lettuce and red pepper remoulade on brioche bun. 9.79

### 2ND AVENUE BLT

Oven-roasted turkey, fried green tomato, lettuce, and bacon with a remoulade sauce on sourdough. 9.59

### THE GROCERY VEGGIE {VG/V OPTION}

Housemade hummus, cucumber, sprouts, red onion, pickled carrots, and spinach wrapped up in pita bread. Sub wrap for vegan option. 8.89

### BREAD CHOICES

Sourdough{V}, Marble Rye{V}, Croissant{add .75}, Hoagie{V}, Multigrain {V}, White {V}, Telera Roll{V} Rosemary Focaccia{V}, Pita, Wrap{V}, Brioche Bun, Keto Bun{add 2.49 GF}, Chaffles{Keto, GF add 2.49}, Gluten Free Wrap {add 1.49} or Gluten Free Bread{add 1.99}.

### LOVE ME TENDER BASKET

Our chicken tenders are bestsellers for a reason - they're the best in town!!! Our tender basket includes 4 tenders & your choice of side(we suggest fries:) & honey mustard or ranch dressing. 9.29

## NOT A BURGER, BURGERS

### Grilled Cheese Special

Our Grilled Cheese changes weekly, ask your server for details!

### Black Bean Burger {VG/V}

House made gluten free black bean burger, roasted tomato, aged cheddar, red onion & lettuce with an avocado aioli and served on a toasted brioche bun. (V sub kaiser) (sub Vegan cheese .99). 9.39

### Portabella Burger {VG/V option}

Grilled marinated portabella mushroom, fried green tomato, sliced red onion, lettuce, provolone, and remoulade sauce on a toasted brioche bun (V sub Kaiser) (sub Vegan cheese .99). 9.29

### Patty Melt

1/3 pound premium beef patty, caramelized onions, herbed goat cheese & "Deli Sauce" on marbled rye.\* 9.99

### Middle Eastern Turkey

All natural turkey seasoned with garlic, mint and parsley. Served on pita bread with lettuce, tomato, red onions, feta cheese and a cucumber yogurt sauce. 9.89

## PLANT STRONG MENU

### SOUTHWESTERN SALAD

Housemade Black Bean Burger, roasted corn, black bean salad, avocado, & tomatoes on mixed greens with crispy tortilla strips and Vegan Cilantro Lime Dressing. 9.79

### CARSON VEGANTARIAN

Marinated grilled portabella mushroom, squash, zucchini, red onions, and vegan cheese with vegan garlic aioli on rosemary focaccia. 9.89

### THE GROCERY VEGGIE WRAP

Housemade hummus, cucumber, sprouts, avocado, red onion, pickled carrots, and spinach in a tortilla wrap. 8.79

### ALI BABA ANCIENT GRAINS BOWL

Organic quinoa, hummus, turmeric & black pepper roasted garbanzo beans, avocado, grape tomatoes, pickled carrots & red onions, beets & spinach with our vegan cilantro lime dressing. 11.99

### PORTABELLA BURGER

Grilled marinated portabella mushroom, roasted tomato, sliced red onion, lettuce, vegan cheese, and vegan herbed tahini dressing on a toasted kaiser roll. 9.89

### BLACK BEAN BURGER

House made gluten free black bean burger, avocado, roasted tomato, vegan cheese, red onion & lettuce with an herbed tahini dressing and served on a toasted kaiser roll. 9.99

### THE SOUTHWEST VEGGIE WRAP

Housemade hummus, spinach, black beans, roasted corn, avocado, red onion, & tomato in a tortilla wrap. 9.49

## LIGHT BITES

**SOUP OF THE DAY** cup- 4.29 bowl- 5.29

Our always housemade soup changes daily, ask your server for today's soup

**QUICHE OF THE DAY** 8.59  
Individual quiche served with your choice of small house salad or seasonal fruit and muffin.

### HALF & HALF 7.59

Your choice of 1/2 a chicken salad, egg salad or pimiento cheese sandwich & a cup of soup or small house salad.

### SEASONAL FRUIT PLATE 8.99

Fresh seasonal fruit served with our "secret" fruit dip & brown sugar muffins. The perfect light summer lunch! add a scoop of chicken salad, egg salad or pimiento cheese {+3.50}

## SIDES

CHIPS {GF/V}	1.99
PASTA SALAD	2.29
GREEK CUCUMBER NOODLE SALAD {GF}	2.79
BRUSSEL SPROUT SLAW {GF}	2.79
BLACK BEAN SALAD {GF/V}	2.29
SEASONAL FRUIT {GFV}	2.89
SOUTHERN POTATO SALAD {GF}	2.29
QUINOA TABBOULEH {GF/V}	2.89
FRIES	2.89
MARINATED POTATO SALAD {V, GF}	1.99

## ORGANIC COLD BREW

OUR COLD BREW COFFEE IS HOUSEMADE FROM OUR ORGANIC SUMATRA COFFEE & SERVED WITH COFFEE ICE CUBES & WHIPPED CREAM.

ICED COFFEE 3.

ICED WHITE CHOCOLATE MOCHA 4.

ICED VERY VANILLA 3.75

ICED HAZELNUT 3.75

ICED MINT 3.5

ICED SEA SALT CARAMEL 4.

ICED CHAI LATTE 4.5

...ALMOND MILK AVAILABLE UPON REQUEST...

## DRINKS

ORGANIC STRAWBERRY TEA	2.99
SWEET OR UNSWEET TEA	2.59
ELIZABETH'S LEMONADE	2.99
BOTTLED WATER	1.39
COKE, DIET COKE OR SPRITE	1.99
DILWORTH COFFEE	2.69
LA CROIX SPARKLING WATER	1.79
ORGANIC APPLE JUICE	1.99
MILK OR CHOCOLATE MILK	1.99

## KIDS MENU

... FOR KIDS 12 & UNDER...

### CHEESE QUESADILLA

Our flour tortilla filled with cheddar cheese & grilled til melty. Comes with mild salsa and your choice of side. 5.29 add chicken +1.49

### LIL SAMMIE

Ham or turkey, choice of cheese, lettuce, tomato & mayo on hoagie with choice of side. 5.29

### KIDS CHEESEBURGER

Our housemade patty on kaiser bun with choice of cheese, lettuce, tomato, & mayo. Served with your choice of side. 5.49

### PB&J

a kids classic, on white or wheat bread. Served with your choice of side. 4.49

### TURKEY CLUB WRAP

A kid sized wrap with turkey (or ham), cheddar cheese, bacon, lettuce & tomato with mayo or honey mustard. Served with your choice of side. 5.29

### DOWNTOWN KIDS TENDERS

Our bestselling chicken tenders (2) with honey mustard or ketchup. Served with your choice of side. 4.99

### LIL HUMMUS PLATE

Our housemade hummus served with warm pita bread. 4.29 extra pita 1.49

KIDS TEA OR LEMONADE 1.99

## DESSERT

CHECK OUT OUR DESSERT BOARD OR ASK YOUR SERVER FOR TODAY'S HOUSE-MADE DESSERTS!

### CATERING

With over 20 years in the catering business, we can help make your next event delicious! Whether it's food for 10 or 500, we've got you covered! From box lunches to fully catered meals, corporate or social, we can help!